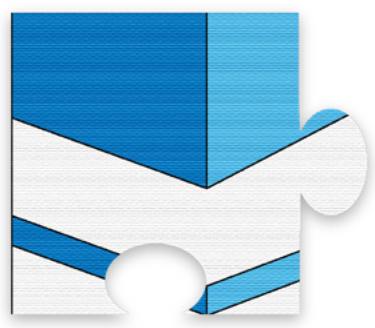


# How Do You Learn?

Do you find a picture is worth a thousand words? Do you easily retain the details of a good story or a vibrant conversation? Does your best learning happen when you curl up with a book? Or do you like to just jump in and get your hands dirty?

There are four primary ways that we grasp new ideas and concepts.

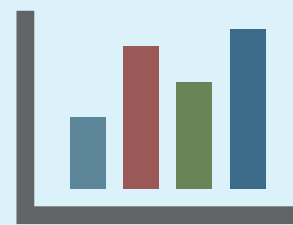
## Visual



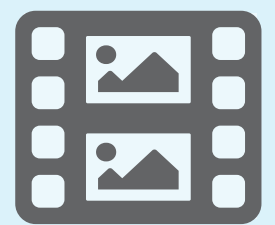
### Effective Tools for Visual Learners



Pictures and graphics

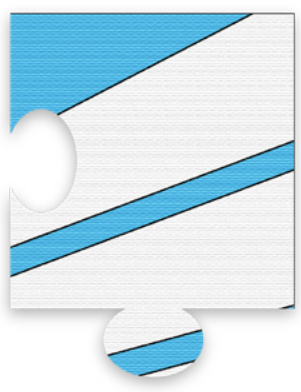


Flowcharts and graphs



Video and animations

## Auditory



### Effective Tools for Auditory Learners



Lecture and discussion

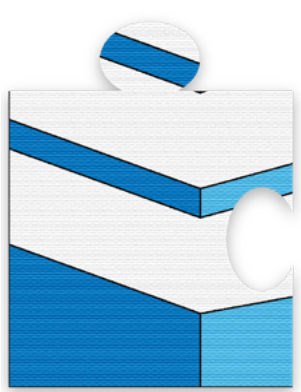


Verbal reinforcement



Storytelling

## Read & Write



### Effective Tools for Reading & Writing Learners



Manuals and glossaries

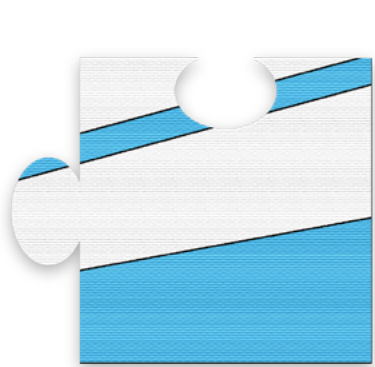


Practice tests and review



Note taking

## Kinesthetic



### Effective Tools for Kinesthetic Learners



Interactivity



Hands-on Time



Activities and exercises

People actually learn best when they are exposed to all of these methods.

So how do we put all of the pieces together for the best possible training?



As the world's leading fiber optic training company, we use all of these methods when designing our courses. Our comprehensive course manuals, detailed animations and videos, and visual presentations get most of our classes started. We then move into in-depth interactions with hands-on skills practices, and group exercises – utilizing all four learning strategies.

Training fiber optic professionals since 1987

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